

**COOL IT!**

**The average UK household uses 3700 kWh/year of electricity. This is equivalent to 925kg of CO<sub>2</sub>. Here is the Carbon Footprint of domestic appliances in a typical family home for 1 Year.**

Electric cooker & hob.	210kg
Chest freezer (poor rating).	105kg
1 traditional light bulb.	78kg
1 LED light bulb.	4kg
Kettle.	58kg
Computer 10 hours/day.	56kg
Tumbler dryer occasional use	64kg
Microwave.	41kg
Vacuum cleaner.	41kg
TV on 2 hours/day.	7kg
TV standby 22 hrs/day.	17kg
Toaster.	12kg
Hair dryer.	9kg
Mixer.	1kg
iPad or tablet.	1kg
Washing machine	43kg

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**Keep your carbon footprint as low as possible**

- Use Energy-hungry devices less.
- Change your lightbulbs to LEDs rather than traditional or low energy.
- Only fill the kettle with the amount of water you need.
- Do not leave TV etc., on standby.
- Set central heating thermostat 1° lower.
- Switch off lights in empty rooms.
- Only use the dishwasher when full.
- Wash clothes at 30<sup>0</sup>C where possible.
- Air dry clothes instead of tumbler drying.
- Don't leave mobile phones charging overnight.
- It is better to cook by electricity on a green tariff than by gas.