

How cool are you?

How do you get to school?		
Walk or cycle 😊	Bus or train 😐	Car 😞
Do you take your own shopping bag?		
Almost never 😞	Usually 😐	Almost always 😊
Do you tumble dry your clothes?		
Frequently 😞	Occasionally 😐	Never 😊
Do you use disposable coffee cups?		
Never 😊	Occasionally 😐	Frequently 😞
How many pairs of jeans do you own?		
More than 7 😞	4 to 7 😐	3 or less 😊
Have you any clothes that are made from organic cotton?		
No 😞	Yes at least one 😐	More than one 😊
The toilet rolls that you usually use are?		
Wrapped in plastic 😞	Made from bamboo or FSC trees or recycled paper? 😊	
What do you do with old/unwanted books and toys?		
Throw them away 😞	Hand them on/charity shop 😊	Put them in the attic 😐
The face masks you use are		
Washable 😊	Disposable 😞	Whatever comes to hand 😐
How often do you eat vegetarian meals?		
Six or more days a week 😊	Two to five days a week 😐	Very occasionally or never 😞
Do you turn off lights when leaving an unoccupied room?		
Seldom 😞	Usually 😐	Always 😊

How do you rate yourself?

7 or more 😊s and no 😞s	Well done. Super Eco Expert already taking action to save the planet.
7 or more 😊s and no more than 2 😞s	You are doing well; can you try to improve your score and save the planet from climate chaos?
5 or more 😊s and no more than 3 😞s	This is an encouraging score, can you do even better? It is our future.
4 or more 😊s and no more than 3 😞s	You are doing lots of the right things and now you know how to do even better.
3 or more 😊s and no more than 3 😞s	You are doing some of the right things, can you change to help save the planet?
5 or more 😐s and no more than 3 😞s	You get the message, Good! Are you planning any changes to help stop climate change?
7 or more 😐s and no more than 3 😞s	Have you some ideas now to help save the planet? Your help is needed to stop climate change.
Any other combinations	Potentially a Super Eco Expert, but lots to do.