

St. Michael & All Angels

*Serving the Parish of
Summertown and Cutteslowe*



Temptation of Christ in the Wilderness, Duccio c. 1290

The Order for the Holy Eucharist in the Season of Lent

Common Worship

¶ **The Gathering**

At the sound of the bell all STAND.

The president proclaims the entrance antiphon.

A gathering hymn is sung as the priest and servers process through the church.

President + In the name of the Father, and of the Son,
and of the Holy Spirit.

All Amen.

The Greeting

The Lord be with you.

All And also with you

Words of welcome are said and an introduction to the Liturgy is given.

Prayers of Penitence

Brothers and sisters in Christ,
as we gather to celebrate the victory
that God has won over sin and death,
let us hear again the teaching
given to Moses and God's people
of the ten best ways to live.
Let us examine our hearts and ask for forgiveness.

A period of silent reflection follows.

The Commandments

I am the Lord your God: you shall have no other gods but me.

All Amen. Lord, have mercy.

You shall not make for yourself any idol.

All Amen. Lord, have mercy.

You shall not dishonour the name of the Lord your God.

All Amen. Lord, have mercy.

Remember the Sabbath and keep it holy.

All Amen. Lord, have mercy.

All Honour your father and mother.
Amen. Lord, have mercy.

All You shall not commit murder.
Amen. Lord, have mercy.

All You shall not commit adultery.
Amen. Lord, have mercy.

All You shall not steal.
Amen. Lord, have mercy.

All You shall not be a false witness.
Amen. Lord, have mercy.

All You shall not covet anything which belongs to your neighbour.
**Amen. Lord, have mercy upon us
and write all these your laws in our hearts.**

We are absolved of our sins:

May God who loved the world so much
that he sent his Son to be our Saviour
+ forgive us our sins
and make us holy to serve him in the world,
through Jesus Christ our Lord.
All **Amen.**

The Collect

A period of silence is kept as we collect our thoughts.

The Collect is said and all respond at the end,

Amen.

President Dear brothers and sisters,
our young friends now depart from us to learn
more about the season of the colour purple
and Jesus' 40 days in the wilderness.
As they process out to Sunday Club,
let us open our hearts and minds to God's Word.

The children process out with the cross, the bible and a candle with their helpers and parents.

¶ *The Liturgy of the Word*

Readings

*Either one or two readings from Scripture precede the Gospel reading.
At the end of each the reader may say*

All This is the word of the Lord.
Thanks be to God.

A suitable penitential psalm or canticle may follow the first reading.

Gospel Preparation

A Gradual hymn is sung

All STAND and turn to face the Book of the Gospels as it is processed into the heart of the church.

Gospel Reading

This acclamation heralds the Gospel in the season of Lent.

The image shows a musical score for a two-part setting of the acclamation. The top staff is in treble clef and the bottom staff is in bass clef. The music is in 6/8 time. The lyrics are: "Praise to you O Christ, king of eternal glory." The word "glory" is written above the final note of the top staff.

From Ash Wednesday until the Fourth Sunday in Lent

The Lord is a great God, O that today you would listen to ¹ his voice.
Harden ¹ not your hearts. Psalm 95: 7-8

From the Fifth Sunday in Lent until the Wednesday of Holy Week

Christ humbled himself and became obedient unto death,
even death on ¹ a cross.
Therefore God has highly exalted him and given him
the name that is above ¹ every name. Philippians 2: 8-9

When the Gospel is announced the reader says

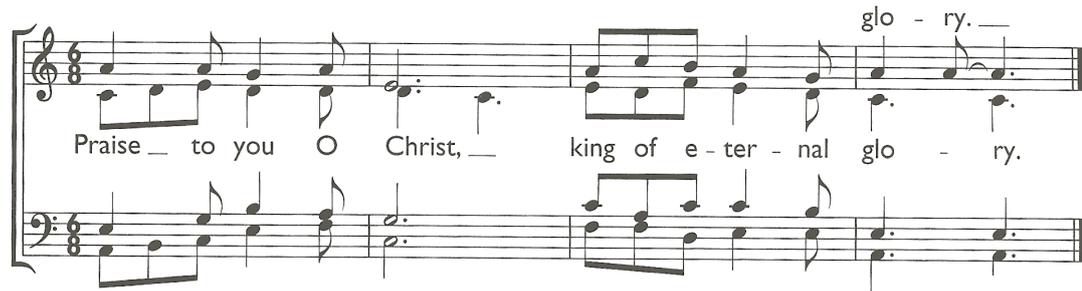
All The Lord be with you
And also with you

All Hear the Gospel of our Lord Jesus Christ
according to *N.*
Glory to you, O Lord.

At the end

This is the Gospel of the Lord.

We all respond



Sermon

*After which we reflect upon the word of God in silence.
All STAND for the Creed.*

The Apostles' Creed

The origin of the Apostles' Creed is the profession of faith made at baptism.

Let us proclaim our faith in God: the Father, the Son and the Holy Spirit.

All

**I believe in God, the Father almighty,
creator of heaven and earth.**

**I believe in Jesus Christ, his only Son, our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died, and was buried;
he descended to the dead.
On the third day he rose again;
he ascended into heaven,
he is seated at the right hand of the Father,
and he will come to judge the living and the dead.**

**I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.**

Prayers of Intercession

In the power of the Spirit and in union with Christ,
let us pray to the Father.

We end our intercessions by saying together,

Be with us Lord throughout our Lenten journey
and direct our way toward the attainment of salvation,
that among the changes and chances of this mortal life,
we may always be defended by your gracious help;
through Jesus Christ our Lord.

All Amen.

¶ *The Liturgy of the Sacrament*

The Peace

All STAND

‘Where two or three are gathered together in my name,’
says the Lord, ‘there am I in the midst of them.’

**All The peace of the Lord be always with you
 and also with you.**

Let us offer one another a sign of peace.

All may exchange a sign of peace, seeking reconciliation with one another.

Preparation of the Table

A hymn may be sung.

The gifts of the people are gathered and presented.

The table is prepared and bread and wine are placed upon it.

Prayers of thanksgiving are said over the gifts.

The Eucharistic Prayer E

**All The Lord be with you (or) The Lord is here.
 and also with you. His Spirit is with us.**

**All Lift up your hearts.
 We lift them to the Lord.**

**All Let us give thanks to the Lord our God.
 It is right to give thanks and praise.**

Extended prefaces are used to describe the stages of the Lenten pilgrimage

From Ash Wednesday until the Fourth Sunday of Lent

It is indeed right and good to give you thanks and praise,
almighty God and everlasting Father,
through Jesus Christ your Son.
For in these forty days you lead us into the desert of repentance
that through a pilgrimage of prayer and discipline
we may grow in grace and learn to be your people once again.
Through fasting, prayer and acts of service
you bring us back to your generous heart.
Through study of your holy word
you open our eyes to your presence in the world
and free our hands to welcome others
into the radiant splendour of your love.
As we prepare to celebrate the Easter feast
with joyful hearts and minds we bless you for your mercy
and join with saints and angels for ever praising you and *saying*:

From the Fifth Sunday of Lent until Wednesday of Holy Week

It is indeed right and just,
our duty and our salvation,
always and everywhere to give you thanks,
holy Father, almighty and eternal God,
through Jesus Christ our Lord.
For as the time of his passion and resurrection draw near
the whole world is called to acknowledge his hidden majesty.
The power of the life-giving cross
reveals the judgement that has come upon the world
and the triumph of Christ crucified.
He is the victim who dies no more,
the Lamb once slain, who lives for ever;
our advocate in heaven to plead our cause,
exalting us there to join with angels and archangels,
for ever praising you and *saying*:

**All Holy, holy, holy Lord,
God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest.**

We praise and bless you, loving Father,
through Jesus Christ, our Lord;
and as we obey his command,
send your Holy Spirit,
that broken bread and wine outpoured
may be for us the body and blood of your dear Son.

On the night before he died he had supper with his friends
and, taking bread, he praised you.
He broke the bread, gave it to them and said:
Take, eat; this is my body which is given for you;
do this in remembrance of me.

When supper was ended he took the cup of wine.
Again he praised you, gave it to them and said:
Drink this, all of you;
this is my blood of the new covenant,
which is shed for you and for many for the forgiveness of sins.
Do this, as often as you drink it, in remembrance of me.

So, Father, we remember all that Jesus did,
in him we plead with confidence his sacrifice
made once for all upon the cross.

Bringing before you the bread of life and cup of salvation,
we proclaim his death and resurrection
until he comes in glory.

One of these acclamations is used

All Praise to you, Lord Jesus:
**Dying you destroyed our death,
rising you restored our life:
Lord Jesus, come in glory.**

All Christ is the bread of life:
**When we eat this bread and drink this cup,
we proclaim your death, Lord Jesus,
until you come in glory.**

Lord of all life,
help us to work together for that day
when your kingdom comes
and justice and mercy will be seen in all the earth.

Look with favour on your people,
gather us in your loving arms
and bring us with our patron Michael and all the saints
and angels to feast at your table in heaven.

Through Christ, and with Christ, and in Christ,
in the unity of the Holy Spirit,
all honour and glory are yours, O loving Father, for ever and ever.

All Amen.

The Lord's Prayer

President As our Saviour has taught us, so we pray

All Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done;
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation;
but deliver us from evil.
For thine is the kingdom,
the power and the glory,
for ever and ever. Amen.

Breaking of the Bread

The president breaks the consecrated bread saying,

We break this bread to share in the body of Christ.

All Though we are many, we are one body
because we all share in one bread.

During the breaking of the bread, the Agnus Dei (the Lamb of God) is sung.

All Jesus, Lamb of God,
have mercy on us.

Jesus, bearer of our sins,
have mercy on us.

Jesus, redeemer of the world,
grant us peace.

Giving of Communion

The president invites the people to receive communion with the words,

Draw near with faith.
Receive the body of our Lord Jesus Christ
which he gave for you,
and his blood which he shed for you.
Eat and drink in remembrance that he died for you,
and feed on him in your hearts
by faith with thanksgiving.

All **Most merciful Lord,
your love compels us to come in.
Our hands were unclean,
our hearts were unprepared;
we were not fit
even to eat the crumbs from under your table.
But you, Lord, are the God of our salvation,
and share your bread with sinners.
So cleanse and feed us
with the precious body and blood of your Son,
that he may live in us and we in him;
and that we, with the whole company of Christ,
may sit and eat in your kingdom.
Amen.**

The president and people receive communion with the words,

The Body of Christ.
The Blood of Christ.

Each communicant responds with the prayer,

Amen.

*If you wish to receive God's blessing instead of receiving the Sacrament,
bring a booklet with you so that your intention is clear.
During the distribution hymns and anthems may be sung.*

Prayer after Communion

After a period of silence, the president says,

Let us pray

This or another post-Communion prayer is said:

All **Almighty God,
We thank you for feeding us
with the body and blood of your Son Jesus Christ.
Through him we offer you our souls and bodies
to be a living sacrifice.
Send us out in the power of your Spirit
to live and work to your praise and glory. Amen.**

Notices for the community are announced.

A final hymn is sung.

¶ *The Dismissal*

We remain standing and turn to the priest at the West Door who sends us into the world with God's blessing.

President The Lord be with you.
All **And also with you.**

The President may say the following or another suitable blessing:

Christ give you grace to grow in holiness, to deny yourselves, take up your cross, and follow him; and the blessing of God almighty,
+ the Father, the Son, and the Holy Spirit, be among you and remain with you always.

All **Amen.**

A minister then says,

All Go in peace to love and serve the Lord.
In the name of Christ. Amen.

The Eucharist has ended; our service begins!

*Please stay for coffee and a chat after the service.
You're always welcome at St. Michael's!*

Liturgical material used is taken from:

Music for Common Worship, Vol I, RSCM Press, 2000. Gospel Acclamation: Music by Ian Forrester, © McCimmon Publishing Company Limited.

Common Worship: Services and Prayers for the Church of England, © The Archbishops' Council 2000.

New Patterns for Worship, Church House Publishing, © The Archbishops' Council 2002

The Season of Lent

Colour: This is the season of the colour purple. Like Advent, we dress the church in purple to signify something great, even of royal value. Purple is the colour of penitence, of waiting to get ready for a great mystery. The Lenten array is another colour used to signify the stripping away of the earthly veneer to reveal the simplicity of our resurrection faith. Red is displayed in church after Holy Week, except on Maundy Thursday when white is used. Good Friday is marked by the colour of Christ's blood.

Duration: 6 weeks, starting on Ash Wednesday and ending as the sun sets on Holy Saturday. It marks the period of 50 days that Jesus journeyed in the wilderness after his baptism by John. But Lent especially prepares us for Holy Week, Christ's death on Good Friday and his resurrection which we commemorate on Holy Saturday and Easter Sunday.

Special features: We do not use the Gloria or any alleluia's. So the church gives up certain things. Flowers are not displayed in the church. We sing psalms and hymns with a special penitential flavour. Lent is the time for preparing people for initiation into the church. Baptisms traditionally took place on Easter morning.

Mood: Austere but hopefully not dreary! In some churches decorative crosses and paintings are "veiled" to enhance the feeling of austerity. This is the time when we journey in the wilderness and prepare ourselves to become stronger in our faith. If we prepare well during Lent, the celebration of Easter is even more joyful!

Days of Obligation: Ash Wednesday literally marks our intention to follow Christ to the cross. Palm Sunday commemorates Jesus' triumphal entry into Jerusalem. Maundy Thursday, Good Friday and Holy Saturday make up the triduum, three of the holiest days of the Christian calendar when the drama of Christ's passion, death and resurrection is lived out by Christians in their local communities.

